

## 2009 Rule Change SUMMARY SUMMER SPORTS – ATHLETICS

### Athletics Proposed Rule Change 1

**Rule Change Recommendation:**

Add new rule

Insert new rule B.2.g. wording for IAAF Javelin modified for Special Olympics. Include standards for mini-javelin.

g. Mini-Javelin

- 1) The shaft, grip and fins shall be made out of plastic.
- 2) The tip shall be made of soft rubber with a blunt, rounded end.
- 3) Mini-javelin consists of 4 fins. The fins shall be flat (without protrusions or roughness) and shall be perpendicular to the surface of the mini-javelin.
- 4) The nominal weights shall be 300g for Men and Women (8–15 years), 300g for Women and 400g for Men.

**Mini-Javelin Specification Table** (all dimensions in mm)

Dimension	Min	Max
Overall length	685	705
Length of head	84	94
Diameter of tip at thickest point	37	43
Distance from tip to centre of gravity	365	380
Diameter of shaft forward of grip	30	38
Diameter of shaft behind the grip	24	30
Diameter of shaft at the grip	34	40
Width of grip	99	109
Distance from front of grip to tip of tail	322	332
Length of fin	162	168
Diameter of fin (peak to peak opposing fins)	95	105

- 5) The mini-javelin must be held by the grip with one hand only.
- 6) The mini-javelin shall be thrown over the shoulder or upper part of the throwing arm and may not be slung or hurled.
- 7) At no time may the competitor turn completely around so that his/her back is towards the throwing area.
- 8) The mini-javelin runway and landing sector shall be those as described in IAAF Rules: Chapter 5, Section IV-Field Events, Rule 187, 9, 10, 11 and 12.
- 9) It is counted as a foul if the competitor:
  - a) Does not use the proper throwing technique.
  - b) Does not throw the mini-javelin so that the point (tip) lands before any other part of the implement.
  - c) Does not throw the mini-javelin so that the point (tip) falls completely within the inner edges of the sector lines.

**Final Action:**

APPROVE AS PROPOSED

**2009 Rule Change SUMMARY  
SUMMER SPORTS – ATHLETICS**

**Athletics Proposed Rule Changes**

**Rule Change Recommendation:**

Change:

Multiple Athletics Rule Changes Throughout.

**Final Action:**

APPROVE AS PROPOSED

NOT APPROVED

REFER TO SPORTS RESOURCE TEAM FOR ADDITIONAL INFORMATION

**Comments:**

**SECTION A — OFFICIAL EVENTS**

Addition of Event Groupings: Track Events, Field Events, Combined Events, Assisted Walk Events, Wheelchair Events and Road Races.

Addition of Mini-Javelin as Official Event

**SECTION B — RULES OF COMPETITION**

Modify B.1.b.1) and B.1.b.3)

Modify B.1.c.3)

Modify B.2.a.1) to include mini-javelin

Modify B.2.d.4) and B.2.d.5)

Modify B.2.e.6)a)

Modify B.2.f. to include Softball Throw and Ball Throw for Distance (tennis ball) – Update section.

Add B.2.g. Mini-Javelin rules

Modify B.3. – Update section.

Modify B.4.c.1) and B.4.e.

Modify B.5.b.6)

Modify B.5.c. and B.5.c.3)e)

Modify B.6. and B.6.c.4)

Modify B.9. to include Scoring Tables for Pentathlon